

\* *Ebenezer* (Heb: 'stone of help') —  
a public memorial to the help of  
the Lord in *1 Samuel 7:12*

**B**E still, my heart! all anxious cares  
Are hindrances, and thorns and snares;  
They cast dishonour on my Lord,  
And contradict His gracious Word.

- 2 Brought safely by His hand thus far,  
Why should I now give place to fear?  
How can I want if He provide,  
Or lose my way with such a Guide?
- 3 When first before His mercy-seat  
My all to Him I did commit,  
He gave me warrant from that hour  
To trust His wisdom, love and power.
- 4 Did trouble ever yet befall,  
And He refuse to hear my call?  
And has not He His promise passed  
That I shall overcome at last?
- 5 He Who has helped me hitherto  
Will help me all my journey through,  
And give me daily cause to raise  
New Ebenezers\* to His praise.
- 6 Though rough and thorny be the road,  
It leads me home apace to God;  
Then count all present trials small,  
For Heaven will make amends for all.

*John Newton, 1725-1807*